



14 February 2008

### **Cooking the books for marathon journey**

Two Coors Brewers employees in Burton are taking an unusual step in raising funds for their London Marathon bid to benefit UK learning disability charity Mencap – Coors official charity.

Rebecca Nutland, 23, Assistant Insight Manager and Rob Salmon, 34, Marketing Manager, work for the brewer in the Carling House head office and both need to raise £1,700 before they step foot on the starting line. The two are joining forces to raise the money by producing a beer cook book and a quiz night at the Coors Visitor Centre.

The charity recipe book will be sold for £3 a copy and all recipes will include one specific ingredient – beer.

Rob has done a marathon before, and it is Becky's first time. They said: "Given that Burton is so famous for it's beer, we wanted to do something that was related to the local heritage, so giving people some examples of how they can use beer in their cooking seemed like a great idea"

If you would like a copy of their charity cook book, you can email [beerchef26@googlemail.com](mailto:beerchef26@googlemail.com) or look out for them in Coopers Square on 23 and 24 February where they will be collecting funds and selling the book.

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- 2 -

Teams of six (max) can also enter the 'Brains of Burton' on Thursday 28 February at 8pm at the Coors Visitor Centre in Burton, email [Rob.Salmon@coorsbrewers.com](mailto:Rob.Salmon@coorsbrewers.com) or call 07901 518 777 to book your place.

ENDS

For further information and to arrange a photo if required contact:  
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**Notes to Editors**

- Mencap works with people with a learning disability and their families and carers.
- 1.5 million people in the UK have a learning disability.
- Learning disability affects someone's intellectual and social development all their life.
- It is not mental illness. It is not dyslexia.
- It used to be called mental handicap but we don't use this term anymore because most people with a learning disability find it offensive.
- People with a learning disability don't get an equal chance in life. That's why we fight to change laws and services, and directly support thousands of people to live their lives the way they want.
- For information about learning disability issues please call the Learning Disability Helpline (England) on 0808 808 1111 or visit [www.askmencap.info](http://www.askmencap.info)
- For online press information, go to [www.mencap.org.uk/press](http://www.mencap.org.uk/press)